



**intandem**

Mentoring Scotland's young people

# Information for Volunteers



# Could you mentor a young person?

## What we offer - intandem mentoring

intandem is a national community-based mentoring programme which supports young people aged 8 to 14 years who are looked after at home. This means that the young person continues to live at home but with support from their local authority. All young people who are looked after at home, a term unique to Scotland, are coping with a wide range of complex challenges.

intandem is designed to offer young people opportunities to have fun, learn new skills and access their local communities within a safe environment. It will help young people set and achieve their goals.

The programme is funded by Scottish Government and is delivered in 20 local authorities by 13 charities.

## How does it work?

Adult volunteers, from all backgrounds and experiences, are recruited, trained and supported by a local charity.

intandem volunteer mentors are chosen for their qualities of commitment, reliability and stability. The mentor and the young person will spend at least 2 hours a week engaging in various fun activities. The arrangements are flexible and the pair will usually choose activities together.

## Could you be a volunteer?

intandem relies on volunteers to provide a positive, trusted, supportive and fun role model for children and young people.

We are looking for volunteers who are good listeners and who can support a young person who may be experiencing a hard time.

Volunteers will receive:

- Full induction
- High-quality relevant training

- Regular on-going support
- Expenses.

Young people tell us commitment is really important. If you can commit to volunteering a few hours a week for at least a year after training, then please get in touch.

## What happens during the match?

The mentor will pick up and drop off the young person and there should be a responsible adult present both times. If the young person cannot make an outing, they will contact our coordinator to let them know. If a mentor cannot keep an agreed outing, they should always let the family know.

Our coordinator will be in contact with the mentor regularly to check how things are going and offer any additional support.

Our coordinator will also meet with the young person at least four times a year to get their views on how things are going.

## Support from intandem

intandem coordinators provide ongoing support and training to the volunteer mentors and will also meet regularly with the child or young person to support the smooth running of the match.

If at any time anyone is not happy, or is concerned about how the relationship is working, our coordinator is available at short notice to listen. intandem is always voluntary and there is no set duration for an intandem mentoring relationship; young people can have a mentor for as long as they choose.

The intention is always for a long-term mentoring relationship. However endings are discussed and planned for to ensure a smooth progression.

**Want to know more? Please contact the intandem coordinator for your area and they will be happy to give you more information.**

<b>Local Authority</b>	<b>Organisation</b>	<b>Contact</b>
Aberdeen	Befriend a Child	01224 210060
Argyll & Bute	Children 1st	07958 357188
Ayrshires	Barnardo's Scotland	01294 556 208
Clacks, Falkirk & Stirling	Quarriers	01324 612308
Edinburgh	YMCA Edinburgh	0131 553 7877
Fife	Kirkcaldy YMCA	01592 645537
Glasgow	Y People	North East 0141 565 1200
	Volunteer Glasgow	North West & South 0141 226 2571
Highland	Action for Children Scotland	01463 717227
Inverclyde & Renfrewshire	Aberlour	0141 260 9180
Lothians	Move On	0131 558 3740
North Lanarkshire	Y People	0141 565 1200
South Lanarkshire	COVEY Befriending	01698 894013
West Dunbartonshire	Y Sort It	0141 941 3308

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