



Mentoring Scotland's young people

Information for Referrers



Do you know a young person who is looked after at home and needs a bit more support?

What we offer - intandem mentoring

intandem is a long term, community-based mentoring programme which supports young people aged 8-14 years who are living at home with a Supervision Order from a children's hearing.

intandem is designed to offer children and young people opportunities to build a trusted relationship and have fun within a safe environment. A mentor will help the young person or child set and achieve their goals.

The programme is funded by Scottish Government and is delivered in 20 local authorities by 13 charities.

How does it work?

Adult volunteers, from all backgrounds and experiences, are recruited, trained and supported by a local charity.

intandem volunteer mentors are chosen for their qualities of commitment, reliability and stability. The mentor and the young person will spend at least 2 hours a week engaging in various fun activities. The arrangements are flexible and the pair will usually choose activities together.

How does a young person get a mentor?

Young people referred to intandem are visited at home by our coordinator to share more information.

We also check that both the young person and their family are happy about having a mentor as intandem is completely voluntary. To help identify the most suitable volunteer mentor, our coordinator will also try to get a picture of any interests, likes and dislikes and any wishes or needs.

Criteria

intandem is currently funded to offer support to children aged 8-14 and live at home at the point of referral and match.

There should be a Compulsory Supervision Order in place, but the child should still be living at home, often called "looked after at home".

A willingness by the child and their family to engage with our staff and mentors is important to the success of the relationship.

How do I make a referral?

Please contact our intandem coordinator to discuss the suitability of any young person you work with for intandem mentoring.

What information do we need?

We use GIRFEC to support our work. Details of the Child's Plan and any relevant circumstances surrounding them or their family will help us identify the most appropriate match.

How long does mentoring last?

To be most effective, intandem mentoring relationships are long term and consist of frequent, regular outings. Mentoring continues for as long as the young person needs it, usually for at least a year, although we have matches still meeting after 24 months.

Three-monthly reviews will evaluate progress made and provide a chance for reflection. Match endings are discussed and planned for to ensure a positive outcome for the young person.

Choice

Ultimately it is the young person's choice to have a mentor. They will be given the final decision on whether they would like a mentor.

This is an important part of intandem which aims to empower young people through giving choice and an element of control over what activities they participate in.

Their willingness to participate is essential.

Please contact our intandem coordinators directly using the details below. We look forward to working with you.

Local Authority	Organisation	Contact
Aberdeen	Befriend a Child	01224 210 060
Argyll & Bute	Children 1st	07958 357 188
Ayrshires	Barnardo's Scotland	01294 556 208
Clacks, Falkirk & Stirling	Quarriers	01324 612 308
Edinburgh	YMCA Edinburgh	0131 553 7877
Fife	Kirkcaldy YMCA	01592 645 537
Glasgow	Y People	North East 0141 565 1200
	Volunteer Glasgow	North West & South 0141 226 2571
Highland	Action for Children Scotland	01463 717227
Inverclyde & Renfrewshire	Aberlour	0141 260 918
Lothians	Move On	0131 558 3740
North Lanarkshire	Y People	0141 565 1200
South Lanarkshire	COVEY Befriending	01698 894 013
West Dunbartonshire	Y Sort It	0141 941 3308

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