

# Information for Referrers



### Do you know a young person who is looked after at home and needs a bit more support?

#### What we offer - intandem mentoring

intandem is a voluntary programme which supports young people aged 8-14 years who are under a Supervision Order and living at home.

intandem is designed to offer young people opportunities to have fun, learn new skills and access their local communities within a safe environment. It will help young people set and achieve their goals.

The programme is funded by Scottish Government and is delivered in 20 local authorities by 13 charities.

#### How does it work?

Adult volunteers, from all backgrounds and experiences, are recruited, trained and supported by a local charity.

intandem volunteer mentors are chosen for their qualities of commitment, reliability and stability. The mentor and the young person will spend at least 1-2 hours a week engaging in various fun activities. The arrangements are flexible and the pair will usually choose activities together.

## How does a young person get a mentor?

Young people referred to intandem will be visited at home by our coordinator to share more information.

We will also check that both young people and their families are happy about having a mentor as intandem is completely voluntary. To help identify the most suitable mentor, our coordinator will also try to get a picture of any interests, likes and dislikes and any wishes or needs.

#### Criteria

Young people must be aged 8-14 at point of referral and match.

There must be a Compulsory Supervision Order in place with no condition of residence, i.e. looked after at home and living with parent(s) or legal guardian(s).

A willingness by the child and their family to engage with our staff and mentors is important to the success of the relationship.

#### How do I make a referral?

Please contact our intandem co-ordinator with details of any young person you work with who meets the criteria above.

### What information do we need?

We use GIRFEC to support our work. Details of the Child's Plan and any relevant circumstances surrounding them or their family will help us identify the most appropriate match.

## How long does mentoring last?

To be most effective, intandem mentoring relationships will be long term and will consist of frequent, regular outings. Mentoring will continue for as long as the young person needs it, usually for at least a year.

Three-monthly reviews will evaluate progress made and provide a chance for reflection. Match endings are discussed and planned for to ensure a positive outcome for the young person.

#### Choice

Ultimately it is the young person's choice to have a mentor. They will be given the final decision on whether they would like a mentor.

This is an important part of intandem which aims to empower young people through giving choice and an element of control over what activities they participate in.

Their willingness to participate is essential.

Please contact our intandem co-ordinators directly using the details below. We look forward to working with you.

#### Local Authority

**Organisation** 

#### Contact

Aberdeen Befriend a Child 01224 210060 Argyll & Bute Children 1st 07958 357188 Barnardo's Scotland 01292 610479 **Avrshires** 01324 612308 Clacks, Falkirk & Stirling Quarriers Fast Dunbartonshire & Aberlour 0141 551 3822 Inverclyde 0131 553 7877 Edinburgh YMCA Edinburgh Fife Kirkcaldy YMCA 01592 645537 Glasgow Y People North East 0141 565 1200 Volunteer Glasgow North West & South 0141 226 2560 Action for Children 01463 717227 Highland Scotland Lothians Move On 0131 558 3740 North Lanarkshire 0141 565 1200 Y People South Lanarkshire **COVEY** Befriending 01698 894013 West Dunbartonshire Y Sort It 0141 941 3308

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